

Ignite 405

Dunamis House for Women

Policies and Procedures

The decision for residency will be based on completion and approval of an application. Individuals observed behaviors within the institutions, jails, recovery programs and recommendations from the courts or of those of integrity within our community or ministry programs will be considered.

The women in the ministry home are expected to obtain jobs, pay program fee, fines, court costs and probation/parole fees. The women will meet the requirements of their probation/parole officers or drug court. The women are expected to become involved in a local community church and become active in recovery meetings.

The home is designed to be a 12 month program. The Church of Acts offers a *Freedom Reigns* recovery group once a week that is mandatory for all ladies at the Dunamis House.

These guidelines are in place to motivate and move women towards self-sufficiency instead of enabling dependency. Failure to follow guidelines will result in sanctions. Three sanctions is an automatic dismissal from the home.

Ignite 405 is a faith based transitional home and only accepts women who are serious about changing old behaviors. Faith in God is the center of our program.

Rules and Guidelines

- 1) Church Attendance is Mandatory** a) Women are required to get involved with a small group within the church in order to establish new healthy relationships within the community.
- 2) Tuesday Night Freedom Reigns Recovery Meeting is mandatory.** a) There is a zero tolerance for missing Freedom Reigns Recovery meetings. If you choose to miss a meeting you will receive a sanction.
- 3) There will be a zero tolerance for drug and alcohol usage.** a) Random UA's/Alcohol tests are to be expected and the refusal of one is an automatic dirty. If you get a confirmed dirty UA or alcohol, you are automatically dismissed from the house.
- 4) Curfews are as follows:** a) 10:30 pm curfew nightly. b) 9:00 pm for all women in drug court. Note-drug court may give a night or week- end pass but permission from the house must also be obtained to prevent a sanction. c) For any resident in the home, a request for a night or weekend pass will be made to the Director of the home. d) Curfews may be extended to allow for work schedules at the approval of drug court and/or Director of the homes.
- 5) Jobs are mandatory.** a) There is a 21 day grace period for obtaining employment. Prior to any change in employment a full 2 week notice will be required. b) If resident does not work, but is able to pay program fee due to help of family or disability checks, the resident is required to volunteer at least 15 hours a week in the community. Volunteer hours must be confirmed. c) Jobs and/or School will be scheduled around Tuesday night Freedom Reigns and employment, no exceptions.
- 6) Education is encouraged as an option to pursue however, women are required to work while attending school.**
- 7) It is mandatory that women sign in and out of the home by texting House Director.**
- 8) A monthly house meeting to discuss any issues or new developments that may arise is a mandatory**

requirement.

9) Everyone is responsible for keeping the home clean and the yard mowed.

10) Sharing or not sharing groceries must be clearly communicated to the other women in the home.

11) The cost of residing in The Dunamis House is \$100.00 a week. This covers program fee, all utilities, and limited transportation. a) Limited transportation is to and from work, applying for work and interviews, and any court or legal requirements. Additional requests to be transported will be charged at the cost per mile and according to the availability of the driver.

b) Payments for program fee can be made weekly, bi weekly, or monthly. **c)** If resident fails to take responsibility for their financial obligations by the 2nd month of residing at the home, then the resident will be asked to meet with the Director to discuss the reasons for the lack of responsibility. **d)** The cost to women who have their own transportation and reside at "The Dunamis House" will be 100.00 a week.

12) The resident will be encouraged to put 20.00 a month into a savings account. a) After six months, income will be re-evaluated for possible increase to savings account.

13) Visitation with children is highly encouraged. Guidelines for children visiting are as follows: a) Resident must submit a written request for approval at least (7) seven days in advance from the acting House Manager for children visiting the home. **b)** Children can spend the night, a maximum of (3) three nights in a given month. However, there will be no consecutive overnight stays permitted. Children may be dropped off no earlier than 9:00 am of the first day, and are to be picked up no later than 5:30 pm the following day. Preferred days for overnight stays are Friday and Saturdays. **c)** No overnight visits with children will be given the last weekend of the month. **d)** Children can visit their mom (4) four hours per week. During school year curfew is set at 7 pm for mother/child visits. No excuses. **e)** For overnight mother/child visits on weekends, mother and child/children must be in rooms by 10 pm. **f)** Children are the responsibility of the parent they are visiting. The child cannot be left in the care of another resident!! **g)** Holiday visitation will be made on an individual basis and as long as it doesn't fall on the last weekend of the month.

14) Failure to comply with drug court requirements will result in immediate dismissal of the home. a) Disrespecting the program regulations that are keeping you out of prison is unacceptable and will not be tolerated.

15) Relationships are not allowed while living in the home. a) Only if a woman is legally married and the courts deem it helpful for the relationship will couples be allowed to have contact. Couples will be required by "The Dunamis House" to be in couples counseling. **b)** No husbands will be able to enter "The Dunamis House" or spend the night on property.

16) If relationships in the home appear to be unhealthy then the friendship will become limited between individuals. a) This home is designed to help each woman individually get her life in order.

17) First 30 days, every resident will be placed on restrictions. a) Restrictions will include no phone or computer usage except for seeking employment. **c)** While on restrictions, you are not to leave the house unless accompanied by an accountability partner.

Standard Of Conduct

The Standard of conduct expected from each resident is to respect the home, the other residents in home, and the neighbors in the neighborhood surrounding the home.

Genei 1:26 "ten God said, "Let us make mankind in or imag, in or likenes... Genei 1:27 So God created mankind in hi ow imag, in t imag of God he created tem;

1) We are created in His image, so very simply put that is what we strive to look and act like! 2) We are to

be courteous to others.

3) You are responsible for keeping your areas clean after use in the common areas, as well as your bedroom. Beds are to be kept made up neatly.

4) Television, music, and conversations are to be kept at a reasonable volume. a) If your bunkie is in bed, be courteous with noise as well as with lights.

5) Modesty is required inside and outside the home. a) No excessive cleavage **b)** No short skirts or shorts (skirts no more than three inches above the knee and shorts no shorter than arm to fingertip length.) **c)** Undergarments are required **d)** No tight fitted clothing

6) Cell Phone Privileges a) Excessive use of the cell phone is discouraged. It is encouraged for residents to remain present in social situations instead of constant engaging on social media, texting and excessive phone calls. Cells phone are to be used as tools and not sources of escapism.

7) No meddling in other residents business or belongings.

8) No stealing. a) Honesty is expected. **b)** Lying/withholding information will be sanctioned.

9) No violent threats or physical attacks will be tolerated. 10) No loud outburst.

11) TV shows and Music will be held to a standard of morality. a) What goes in is what comes out

12) Going in debt for anything while in program must be talked over with the Manager and Director. 13) Minor problems are to be handled within the house if possible.

a) Medium to more severe problems need to be brought to the Director (Tammy Akerman). **14) We are a non-smoking non-vaping program. Our goal is to give each resident 90 days to do a quit smoking program.**

Our Pledge To You

This is not just a house, this is God's house, a place for your healing and restoration back into God's original plan for your life.

These guidelines are set in place for your well-being. If excepted into this home, and at some point you feel you just don't want what and where this program is designed to take you, there will be no hard feelings on the part of the House Manager and/or Director if you choose or fail to comply with these guidelines. We will continue to love and pray for you.

Don't ever feel the need to be secretive about any guideline set in place that you choose not to follow....the choice is solely yours, this is a home **you can choose or** not.

We want the very best for you, we will encourage you and continually speak life to you. We know from God's Word the **value** and **worth** He placed over your destiny, and we want you to grab hold of all God has for you. We believe God has an amazing plan for your life, and we want to partner with you to accomplish all you were meant to be!!

With love and prayers,

Tammy Akerman

Houseing Director/Case Manager